

## General Practice Management Plan

### DEMENTIA – STAGE 1

#### GOAL OF CARE – Maintain Independence and Optimise Function

<b>Patient's Name:</b>	<b>Date of Birth:</b>
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<b>Contact Details:</b>	<b>Medicare or Private Health Insurance Details:</b>

<b>Details of Patient's Usual GP:</b>	<b>Details of Patient's Next of Kin/Guardian:</b>

**Date of last care Plan/GP management Plan: (If done)** .....

**Date of last Family Meeting:** .....

**Date of next Family Meeting:** .....

**Main Issues relating to Cognition/Function:** .....

**Goals of Care:** .....

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**Other notes or comments relevant to the patient's management plan**

<b>Domain Affected – Cognition</b>	<b>Main Issues</b>
<b>Domain Affected – Functional</b>	<b>Main Issues</b>
<b>Domain Affected – Psychiatric</b>	<b>Main Issues</b>
<b>Domain Affected – Behavioural</b>	<b>Main Issues</b>
<b>Domain Affected – Physical</b>	<b>Main Issues</b>

**PAST MEDICAL HISTORY:**

**MEDICATIONS:**

**ALLERGIES:**

**FAMILY/SOCIAL HISTORY:**

DOMAIN	PATIENT PROBLEM	TREATMENT/SERVICES/PATIENT & FAMILY ACTION	ARRANGEMENTS FOR TREATMENTS/SERVICES
Cognition	Forgetfulness Short-term memory loss Repetitive questions	Cardiovascular Risk assessment and management Medication Acetylcholinesterase inhibitors Legal issues such as POA Advance Care Directive Family Education	Dementia Australia <a href="http://www.dementia.org.au">www.dementia.org.au</a> Forward with Dementia <a href="https://www.forwardwithdementia.org/">https://www.forwardwithdementia.org/</a> Practice Nurse – education on dementia General Practitioner Speech Pathologist – language issues Consider use of practice recall/reminder system
Function	Impaired instrumental functions	Family education Encourage maintenance of skills Support with cooking/meal prep Support to attend usual activities Maintain social interaction Driving assessment Home hazards assessment	Dementia Australia <a href="http://www.dementia.org.au">www.dementia.org.au</a> Practice Nurse General Practitioner My Aged Care/Care package Dementia outreach service Occupational therapist / OT driving assessment
Psychiatric	Depression Anxiety Hallucinations Delusions Paranoia	Screening of mental health in patient Screening for mental health issues in carers Family education	Practice Nurse General Practitioner Psychologist – MHCP Social worker Carer support groups Dementia Australia <a href="http://www.dementia.org.au">www.dementia.org.au</a> Dementia Support Australia <a href="http://www.dementia.com.au">www.dementia.com.au</a>
Physical	Failure to maintain physical health care needs	Home medication review Reduction in cardiovascular risks, as appropriate Exercise assessment Hearing assessment Dental review Contenance assessment Falls assessment Immunisation – influenza, pneumococcus, herpes, zoster Family education	Practice Nurse General Practitioner Consider use of practice recall Pharmacist Community dietician Podiatrist Optometrist Audiologist Exercise physiologist Physiotherapist Occupational Therapist

### Stage 1 Dementia Management Plan: Goal of care = Maintain Independence and Optimise Function

Copy of GP Management Plan offered to patient? YES  NO

Copy/relevant parts of the GP Management Plan supplied to other providers? YES  NO

GP Management Plan added to patient's records? YES  NO

<b>Date service was completed:</b>	<b>Proposed Review Date:</b>
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I have explained the steps and any costs involved, and the patient has agreed to proceed with the plan.

GPs Signature: .....

Date: .....

Dementia Training Australia is supported by funding from the Australian Government under the Dementia and Aged Care Services Fund