

General Practice Management Plan

DEMENTIA – STAGE 2

GOAL OF CARE – Maintain Dignity Through Safety

Patient's Name:	Date of Birth:
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Contact Details:	Medicare or Private Health Insurance Details:
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Details of Patient's Usual GP:	Details of Patient's Next of Kin/Guardian:
	<p>ACD/Substitute decision maker</p> <p>POA in place YES <input type="checkbox"/> NO <input type="checkbox"/></p> <p>Name of POA:</p>

Date of last care Plan/GP management Plan: (If done)

Date of last Family Meeting:

Date of next Family Meeting:

Main Issues relating to Cognition/Function:

Goals of Care:

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Other notes or comments relevant to the patient's management plan

Cognition Issues Identified	Main Issues
Functional Issues Identified Specifically, safety concerns	Agencies involved
Psychiatric Issues Identified	Main Issues
Behavioural Issues Identified	Main Issues
Physical Issues Identified	Main Issues

PAST MEDICAL HISTORY:

MEDICATIONS:

ALLERGIES:

FAMILY/SOCIAL HISTORY:

DOMAIN	PATIENT PROBLEM	TREATMENT/SERVICES/PATIENT & FAMILY ACTION	ARRANGEMENTS FOR TREATMENTS/SERVICES (who, when) – a
Cognition	Increasing memory loss Speech difficulties Increasing difficulty with complex tasks	Medication review – consider de-prescribing e.g., anticholinergic drugs, sedatives Consider roles of drugs which may help maintain cognition e.g., Acetylcholinesterase inhibitors Legal affairs – ACD/POA	Practice Nurse General Practitioner Geriatrician Family meeting Home medication review Legal advice – for POA/Guardianship if necessary Case conference
Function	Impaired instrumental functions Impaired functions of daily living	Driving assessment Home hazards assessment Hobbies/Community involvement Facilitation of transit into care	Dementia Australia www.dementia.org.au Practice Nurse General Practitioner My Aged Care/Care package Occupational therapist driving assessment Personal alarms/GPS tracking support Home help/Meals service Travel assistance – taxi vouchers Respite Care arrangements
Psychiatric	Depression Anxiety Hallucinations Delusions Hallucinations	Screening of mental health in patient Screening for mental health issues in carers Collaboration between care staff/family/GP Family education	Practice Nurse General Practitioner Consider Psychologist – MHCP Consider Psychogeriatrician Dementia Australia - counselling and psychology support www.dementia.org.au
Behaviour	Social withdrawal Apathy Repetitive questioning Shadowing Frustration Sleep disturbance Wandering Hoarding	Carer education and increased support Routine Increased social engagement Facilitation of transition into care	Practice Nurse General Practitioner Family meeting/Case conference Dementia outreach service Dementia Australia Dementia Support Australia Respite care arrangements
Physical	Failure to maintain physical health care needs	Dental review Continence assessment Falls assessment Immunisation Facilitation of transition into care	Community dietician Physiotherapist/OT Care package – support services Case conferences between agencies

Copy of GP Management Plan
offered to patient?

YES ☐

NO ☐

Copy/relevant parts of the GP
Management Plan supplied to
other providers?

YES ☐

NO ☐

GP Management Plan added to
patient's records?

YES ☐

NO ☐

Referral to Dementia Australia?

YES ☐

NO ☐

Date service was completed:

Proposed Review Date:

I have explained the steps and any costs involved, and the patient has agreed to proceed with the plan.

GPs Signature:

Date:

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