



Environment Activity Cards – Series 2

How we can make a building feel more familiar to the people who call it home

These Environment Activity Cards aim to spark conversations among staff, residents and visitors about residential aged care and retirement buildings. What can each of us do to make a resident feel more comfortable in these places and spaces? Can we help someone personalise their bedroom? What makes it easier to find your way around?

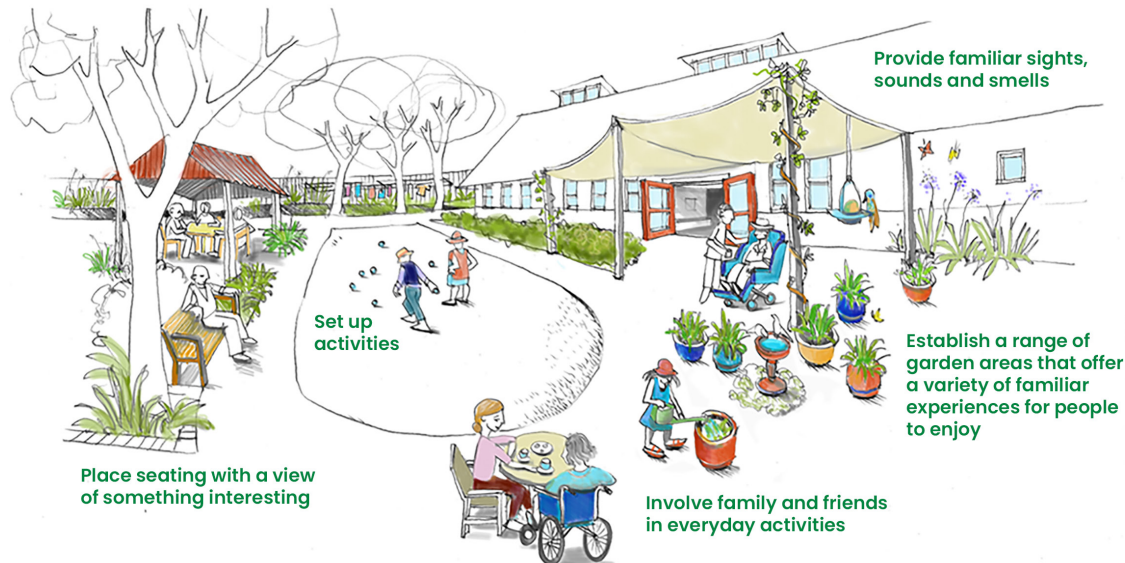
Series 2 focuses on how we can make a building feel more familiar to the people who call it home.

Each card suggests changes that can improve a resident's quality of life.

Activity Card 2.1

Make outdoor places familiar

Offer residents a variety of opportunities: to engage with other or to sit quietly by themselves, to take in the view or do something more active, like watering the garden.



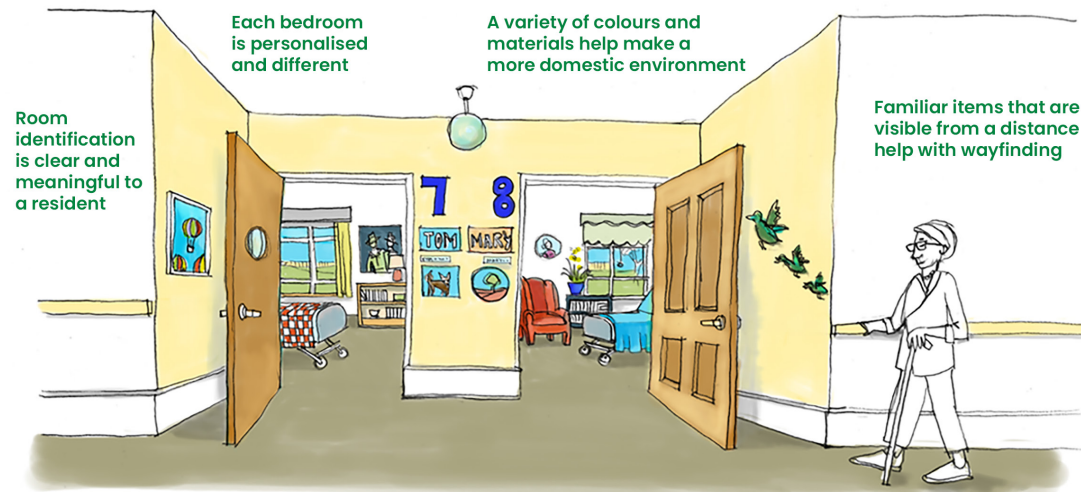
Design Principle 7 Create a familiar space
Aged Care Quality Standard 5 Service environment

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Activity Card 2.2

Assist residents to find their bedroom and personalise it

Provide opportunities for residents to personalise their bedroom and the areas around their bedroom door. Endeavour to create unobstructed sight between a bedroom and living rooms and a distinct bedroom door design.



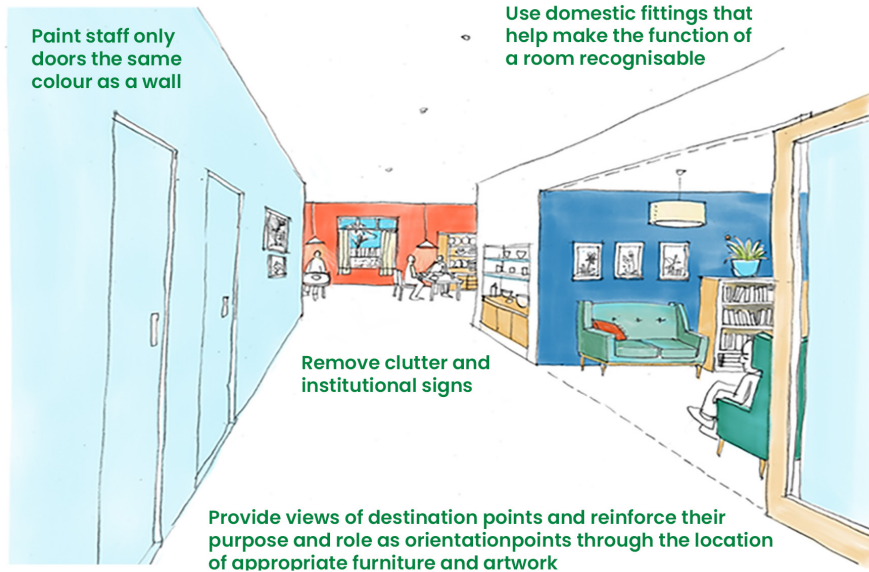
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Activity Card 2.3

Help residents to see where they can go

Ideally living rooms and kitchens should be visible to a resident as they step out of their bedroom, and living spaces should provide views of other living rooms and gardens.



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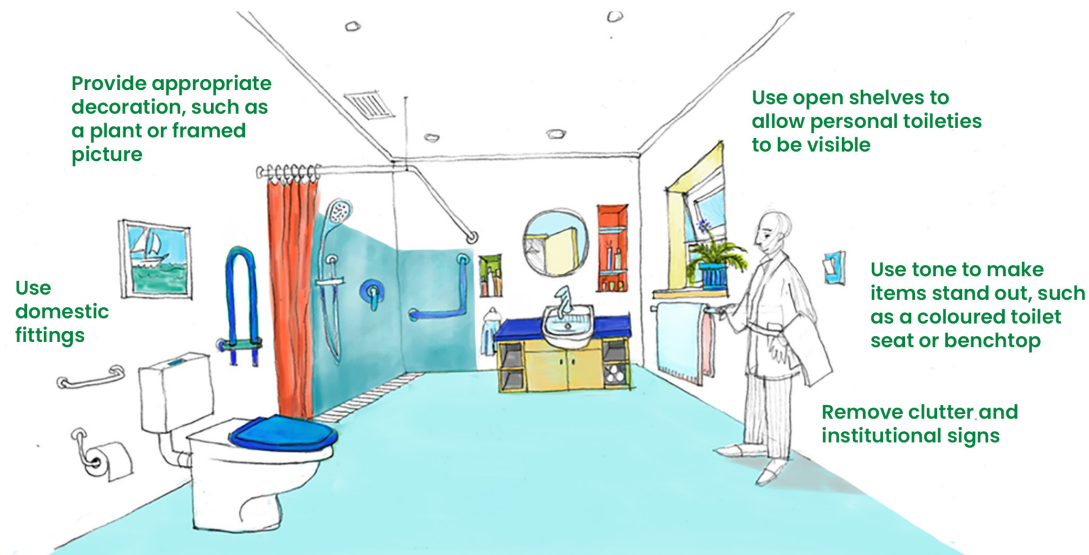
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Activity Card 2.4

Make bathrooms work better for residents

A bathroom should provide the comfort of familiarity that enhances a bathing experience. An ensuite provides opportunities to create a room that reflects individual preferences, likes and needs.



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About DTA's Environments Consultancy

The Creating Supportive Environments Online Course explores the themes in these cards in more detail.

Course Trailer: [Watch](#). Course Information: [Learn more](#).

Our award winning consultancy service can help you create a dementia-friendly environment.

Discuss how to use an existing environment more effectively, plan a new facility or refurbish an existing one.

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